



SERMORELIN

What is Sermorelin?

Sermorelin is a peptide that stimulates the natural pulsing of growth hormone (GH) in the body. This master hormone influences anything from sleep and recovery to body composition.

How does Sermorelin Work?

Sermorelin works by stimulating the pituitary gland, which is responsible for producing growth hormone. It encourages the pituitary gland to release more GH into the bloodstream, which can help with various health optimizations.

Why Your Practitioner May Be Recommending Sermorelin

- **Recovery.** Some people use Sermorelin to enhance their deep sleep. They also use it to recover from exercise more efficiently.
- **Anti-Aging.** Some people use Sermorelin for its potential anti-aging benefits, including improved skin quality, increased muscle mass and enhanced overall vitality.
- **Wellness.** Sermorelin may be prescribed to promote general well-being and boost energy levels

How is Sermorelin Administered?

Sermorelin is usually administered by a subcutaneous injection, meaning it is injected just under the skin using a small needle.

Potential Side Effects

While Sermorelin is generally well-tolerated, some individuals may experience side effects, including:

- Pain or redness at the injection site
- Flushing
- Joint Pain

If you experience any severe or persistent side effects, contact your healthcare provider immediately.

Precautions and Warnings

- Inform your practitioner of any allergies or medical conditions you have before starting Tesamorelin.
- Be sure to tell your provider about all medications, supplements, or other treatments you are currently taking, as they may interact with Sermorelin.
- Sermorelin should not be used during pregnancy or breastfeeding without consulting your healthcare provider.
- Regular follow-up appointments with your practitioner are essential to monitor your progress and adjust your treatment plan as needed.